



## HOWARD LAKE-WAVERLY-WINSTED

# Hall of Fame 2018 Inductee

# Richard “Dick” Sonstegard

*As a teacher of math, computers, and science from 1967 to 2005 for the Howard Lake-Waverly-Winsted High School, Richard Sonstegard dedicated himself to HLWW students. For 35 years, he coached many sports, including seventh grade football, eighth grade basketball, boys and girls cross-country, and boys and girls track and field.*

*There isn't a time or an event that many can remember at HLWW that Richard wasn't there, running the score clock, working a meet, or supervising the Letter Club and concession stand. He received the Distinguished Service Award from the Minnesota State High School Athletic Administrators Association in 2017.*

*His love of track and field and his support of athletes are evident by his involvement in both the section and state track and field meets as a judge and starter. Beyond the classroom and athletic field, Richard drove school bus, making sure that students arrived at school and home safely. He earned the Educational Support Staff Award in 2011.*

*Richard's "service to others" attitude did not stop at school or on the athletic field. His involvement in the Wright County Fair for over 30 years earned him the "Friend of the Fair" Award in 2007. His dedication to his church as a trustee, vice-president, custodian, financial secretary, and multi-media person, spans over 47 years.*

*Service and support of his school and community are what makes Richard Sonstegard a quality individual. His passion for athletics has been impressed upon so many of HLWW's student athletes.*

