



Dear Volunteers:

Thank you so much for your contribution to the students and staff of ISD. 2687. We welcome you and wish you a great experience.

We know that students can end up with scraped knees, cuts and bruises. One of the concerns in working with students is accidental exposure to Bloodborne Pathogens (BBP's), those little microorganisms present in the blood of persons who are infected with them. Some examples of them are Hepatitis B, Hepatitis C and HIV (which can cause AIDS).

BBP's are transmitted by coming into contact with blood of an infected person. BBP's *may* be found in urine, feces and vomit if there is visible blood. BBP's are *not* transmitted by casual hugging, shaking hands or sneezing.



However, because we don't know who is or isn't infected with a BBP, we ask that you follow **Universal Precautions**. Universal Precautions are simple:

- Treat ALL human blood as though it contains these viruses!
- Remember that you can't tell if someone is infected because many of these diseases don't show symptoms.

How can BBP's be transmitted at school?

- Punctures or cuts. (This is the highest risk!)
- Contact with broken skin
- Contact with mucous membranes of eyes, nose, mouth



Please be safe! We ask that you follow the protective practices below:

- Always **properly** wash your hands before and after leaving the school, before eating, and if in contact with any body fluids. **Proper handwashing means with friction, soap and water, at least 15 seconds of scrubbing, and turning off the faucet with your elbow or a paper towel.**



- If a student is injured and is bleeding, have the student hold pressure on the wound until someone with gloves is able to assist. This is true even for minor playground scrapes. If there's blood, there's potential risk! The secretary or teacher can notify the health assistants or nurse.
- The Health Office has first aid supplies. Please contact the Health Office staff if you have any questions. The District Nurse, Jolie Holland RN LSN PHN, can be contacted directly by cell/text at 763-219-2469 or by email: jholland@hlww.k12.mn.us.

