

LAKERS

LAKER BULLETIN TUES NOV 21, 2017



Driver Education: Forms are available in the High School & Community Education office or on the school website under Community Education, Youth Activities.

9th Annual Turkey Tagalong 5K: IN THE RAIN OR SNOW OR COLD OR SNOW!
HLWW High School Softball Fundraiser November 23rd 2017 (Thanksgiving Day)
8am Registration / 9am Race. **Pre-register by November 16th** to guarantee a t-shirt. ENTRY FEE: \$25.00 for Long Sleeve t-shirt and chip timed race results
*Coffee, cocoa, water, and donuts included.

The HLWW 3-on-3 Turkey Tourney Basketball Tournament: Will take place on Wednesday, November 22nd at the HLWW Middle School Activity Center. The tournament is a fundraiser for the HLWW boys basketball team, and the cost is \$5. Grades five through eight need to check in at 10:45 a.m., with the games starting at 11:00 a.m. for both boys and girls. Limited to first 24 registrants. The second session will feature 9th grade up to adults for both boys and girls. Check in is at 5:30 with games starting at 6:00 p.m. Limited to first 24 registrants.
Pre-register by contacting James Carr. jcarr@hlww.k12.mn.us

Laker JO Volleyball: If you are interested in playing Laker JO Volleyball please stop by Mrs. Hogg's room for an informational sheet or sign-up on the Laker JO Volleyball website.

BUS REMINDERS: If you plan to ride the bus home after school with friend, you need to have a note signed by a parent and then needs to be signed by Mr. Mix.

NEW ATHLETIC TRAINING ROOM HOURS: Starting Nov 14th, Tuesday & Thursdays 2:45- 4:15 pm NO MORE MONDAYS

SENIORS: If you are interested in applying for the MSHSL sponsored AAA award. (Arts, Athletics, Academics) To be eligible for the Triple Award you to be senior, 2 qualifying students per school (1 male/1 female), cumulative GPA of 3.0 or higher at the date of nomination, participate in league sponsored athletics and the fine art activities, comply with MSHSL Students code of conduct & complete the application and return to Kayti in the HS office by November 28. (Applications can be picked up in the HS office)

DRIVERS: You need to have a parking permit if you drive to school. Please stop in the HS office to get one.

LAKERS SPEED & STRENGTH PROGRAM: The after school Lakers Strength and Speed program is up and running. Open to boys and girls, Monday through Thursday, 3:00-4:30. Please see Mr. Carr for more details.

ALL STUDENTS: Please always check your school emails for information.

OPEN GYM: Grades 7-12 and Adults Mondays & Thursdays, October 30, November 2, 6, 9, 13, 16
8-9 pm, Activity Center \$1 per student per day \$2 per adult per day
Those attending open gym will be asked to sign in and provide an emergency contact number.
Bring your own basketball

FITNESS CENTER: Fitness Center open Monday- Friday 2:46- 4:30

ACTIVITY SCHEDULES: To find our activity schedules online go to the HLWW district website and click on "Activities". Then in the side of the page click on "LAKERS Activities Schedule". That will bring up the weekly schedule for all the activities. If you would like to view a season schedule for a specific activity, then

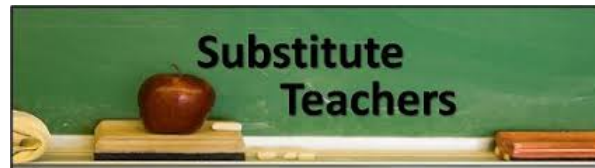
find that activity on the right-hand side, check it and click "View". There is also an "Activity Schedule Parent Guide" for your reference on the Activities Page.

DAILY ACTIVITY LINE: For a voice message of the daily activity contests (high school and junior high), please call 320-543-3900 ext 7. This is will updated with any cancellations, postponements, etc as soon as they are known.

PARENTS & COMMUNITY MEMBERS: Daily Bulletin will be posted daily on the HLWW High School webpage.

Today's Menu

Hamburger
Or
Soft Pretzel w/soup choice



Judi Lammers for Geraldine Dressel
Linda Metcalf for Mr. Schultz
Rick Messer for Mr. Brusky
Linda Groos for Mr. Granrud

THIS WEEKS HIGH SCHOOL LAKER ACTIVITIES

11/20	11/21	11/22	11/23	11/24
BBB STARTS 9-12 WRESTLING 9-12		NO SCHOOL 3 on 3 Turkey BB Tourney 11:00/6:00	NO SCHOOL 5K Turkey Trot 9am Happy Thanksgiving!!	NO SCHOOL <u>11/25</u>

College	Representative	Date	Time
St. Cloud Technical & Community College	Rocky Horn	Wed December 6, 2017	12:30 PM



HAPPY
BIRTHDAY

NOVEMBER

11/1 Fiecke, Madison R.	11/14 Hosek, Marlaina	11/24 Hertzog, Madison
11/2 Snaza, Tyler J	11/15 Thorson, Mikayla	11/27 Heuer, Nathaniel
11/5 Pererva, Angela	11/18 Pedersen, Preston	11/27 Krotzer, Asha
11/6 Baumann, Nicole	11/19 Horn, Thomas	11/28 Duenow, Dakota
11/10 Dickhausen, Cody	11/20 Pererva, Daniel	11/29 Uecker, Rebecca
11/10 Paulson, Benjamin	11/22 Hatcher, Brody	
11/10 Paulson, Lucas	11/23 Boeson, Michael	



November is Diabetes Awareness Month. Did you know that in 2014, 8.1% of Minnesota adults had been diagnosed with diabetes (type 1 or 2)? Around 1 in 4 people with diabetes do not know that they have the disease, therefore, the true number of adults with diabetes in Minnesota may be around 9 - 10 percent, which includes people who do not know they have the disease.